

TUESDAY MARKET VENDORS

NOTE: *Not every vendor displays at the Tuesday Market every week. It is suggested you make direct contact if you want to do business with a specific vendor. BCP makes no warrants or guarantees and takes no responsibility for the correctness, availability or authenticity of the vendors or products .*

ABOQUETE

Contact: Giovy Rojas
Locally produced organic fertilizer, black soil with fertilizer, humus and other garden products.
Also offers Walter Maier Sausages
Polish, Bratwurst, Butifarra (Argentinian style pork sausage) and mixed bags.
Phone: 720-4008
Email: info@aboquete.com
Web: www.aboquete.com



BAMBU LAMPANG

Contact: Pon Chaivong & Bob Wolfe
Authentic Thai Cuisine
A weekly sampling from our full catering menu, offering the best of Thai Cuisine. Customers can order in advance to reserve their order and avoid the disappointment of an early sellout; a frequent occurrence. Enjoy Pad Thai, Spring Rolls, Sushi, special soups, curries and more.
Phone: 6538-8010 (English, Spanish & Thai languages)
Email: bambulampang@yahoo.com or lobo4819@yahoo.com
Web: In development, soon to be released



THE BELGIAN BAKERY

Contact: Agniya
Fine artisan breads (wholewheat, walnut, olive, rosemary, onion, artichoke, raisin, etc.)
Egg salad or chicken curry spread to create a great salad or sandwich.
Delicious desserts (apple-cinnamon-raisin filled crepes, chocolate mousse, etc.)
Please email us to get a detailed product list and order ahead....we always sell out at the market!
Phone: 6207-3066
Email: thebelgianbakery@gmail.com



ELAINE MUELLER

Creating a variety of breads and pastry, and Carmelo.

Phone: 6735-8023

Email: elaine1959@hotmail.com



EMMA'S DESSERTS

Delicious freshly baked pastries and empanadas every Tuesday at the market, including lemon meringue, strawberry tarts, apple cinnamon, chocolate cake and meat filled and other types of empanadas.

Phone: 6413-8590

Email: emmaguy52@hotmail.com



FINCA SANTA MARTA

Ron & Kim Miller

Fresh organic fruits & vegetables

Healthy organic food, herbs and plants grown with care, for you, from our farm. Our produce is harvested fresh for market days for best flavor. Free-range chickens and fresh eggs are also offered. Fresh hydroponic produce, homemade products, as well as other health related items complete our market display.

Phone: Tino Charmont, Manager - 6629-3901

Ron Miller, Owner—6459-5218

Email: fincasantamarta@mac.com

Web: www.fincasantamarta.wordpress.com



LA PARADA

Contact: Katarina Moss

Freshly baked breads created with all natural ingredients and local brown sugar. Banana, Apple-Carrot, Zucchini, Chocolate, etc.

Visit our shop in downtown Boquete in the yellow wood house just down from REAL Recycle Center, past the internet shop. Open Tuesday—Saturday from 12 noon to 6 pm.

Phone: 6787-9058

Email: moss.katarina@gmail.com

Web: No



MILLS WOODWORKS

Contact: Al Mills

With over 30 years of commercial and residential cabinet and millwork experience owning my own shop, I can offer with confidence a full line of services including, but not limited to, design, planning and execution of custom home wood cabinets and furniture. Specializing in custom inlay mantels and tables.

Phone: 6509-3390

Email: almills10@gmail.com

Web: www.boquetepanamavacationrentals.com



MORTON'S ARTISAN BREADS

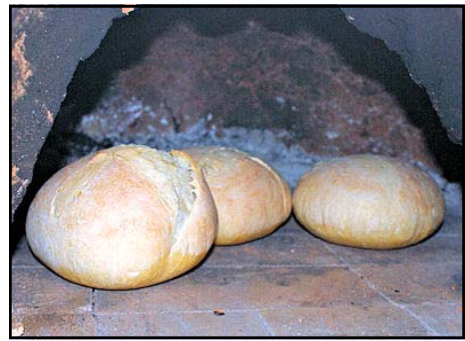
Contact: Morton Rabkin

Fresh baked in wood fired clay oven, try our Rye, French Country, Rosemary Sour Dough, Challah, Pizzas.

Phone: 6557-1279

Email: morabkin@gmail.com

Web: www.rabkindesign.com



ORGANIC LIFE

Contact: Brittany Wilhelm

Providing health products, vitamins/supplements, green drinks, shakes, organic grains and food items of all types, organic hygiene, beauty & dental products, healthy food/milk/sweetener substitutes, live organic vegetables, snacks, etc. Retail store in David's Plaza Beverly Hills

Phone: 6776-1034

Email: organiclifepanama@gmail.com

Web: www.organiclifepanama.blogspot.com



PALMIRA GOLD COFFEE

Contact: Sandra Cripe

Planet friendly naturally grown and processed whole bean coffee that is fresh roasted the day before each market. A full pound of quality coffee at a reasonable price. This is what the Spaniards were looking for—Palmira Gold!

Phone: 6716-8979

Email: info@palmiragold.com

Web: www.palmiragold.com



OLIVIO

Bringing his stone work from Volcan just for the Tuesday Market, Olivio creates some of the best garden carvings found in Panama. Based on the designs of pre-Colombian stoneworkers, he creates true works of art for you to enjoy in and around your home. Olivio doesn't have a phone or email, so just come see him at the market on Tuesday.



CHARLENE PIERCE

Spa products (Lavendar sachets, bath salts, Eucalyptus closet and drawer deodorizers., Buckwheat pillows, etc.) Local unwanted critters do not like lavender (scorpions, spiders, cockroaches, etc) My products smell great, but many have medicinal and calming effects. Eucalyptus also helps closets and confined spaces smell better and keep insects away. Custom orders welcomed!
Phone: 6949-9603
Email: buddypyr@hotmail.com



PASTELERIA RENATA

Homemade German pastries made to taste great with fewer calories, some suitable for diabetics. We use Splenda and Light Crème in our recipes. Enjoy a cup of coffee, tea or non-alcoholic drinks along with our delightful desserts at our retail location in Volcancito. Turn left across from Paradise Gardens on the Volcancito Road, go 200 meters and Pasteleria Renata is on the right. Open every day from 12 noon to 6 pm.
Phone: 720-4129 or 6886-5208



PIES & MORE

Contact: Tammy Smith
Many of my recipes come from my great grandmother, who was expert at baking. I prepare a different selection each week, using fresh fruits of the season, including coconut cream, chocolate, pineapple, German chocolate, banaoffee, and lemon chiffon pies and cookies like coconut chocolate chip, peanut butter, oatmeal raisin and more. I can also prepare gluten and wheat free desserts.....ask me about them.
Phone: 6472-8175
Email: tbirdiesmith@hotmail.com



SUGAR & SPICE

Corporate pastry chef Richard Meyer and wife Yarina Barrios have brought his experience in creating wonderful breads and pastries for major bread and restaurant companies in the Atlanta and Boca Raton areas to Boquete. Freshly baked goodies like European style breads, muffins, cookies, brownies, empanadas, enchiladas, custom pies and cakes can be purchased at the Tuesday Market or at their retail location on Main Street across from Roxane's Steak House.

Email: pastrychef113@yahoo.com

Web: www.sugarandspice@boquete.ning.com



TROPICAL TREATS

Contact: Deborah Olson

Banana Bliss and other frozen, sugar free treats are served up fresh, and loaded with nutrients and enzymes to jump start your day. Flavors like Perfect Peanut Butter, Gingerbread Jungle, Cookie Crunch and Pineapple Passion are made in front of your eyes, to your order, and topped with a variety of crunchy, delicious toppings. **DON'T EAT BREAKFAST....save** your appetite for something served up by Katherine and Rachael.

Phone: 6836-4003



USED BOOKS, CDs & VIDEOS

Irene Haines has been conducting this sale for many years, and tirelessly boxes and unboxes, accepts and catalogs, hundreds of titles every week at the Tuesday Meeting. Located inside the Hexagon Room, on the left, all along the wall are the once-loved treasures of words and music. Irene also sells US stamps, and accepts and hands off mail destined for the US every week. If you are going to the US soon, or have something you want mailed with a US postmark, talk to Irene. Every sale proceed goes 100% to benefit 4 worthy, local charities. Bring in your used stuff, or shop for something wonderful that someone else once loved, and benefit charity.



MAMA'S BEST

Top quality meals prepared, frozen and ready to serve. Just heat and eat. Includes Chicken Parmesean, Chicken Pot Pie, Baked Zitti Pasta, and more! Ask about our current favorites. Each meal serves 4. Order in advance, or visit our table at the Tuesday Market. Email: mammasbest@gmail.com



CAROL ZULLA

Handmade purses with Boquete and various designs embroidered on the front. Phone: 6708-6318 Email: carolzulla@yahoo.com Website: panamalandandvillas.com



RECICLADO CREATIVO

Contact: Tarsi Fernandez
Creative, original handcrafts created from disposable materials (fabrics, paper, plastic, etc.). A wonderful way to make use of previously used recycled items. Help protect Boquete and the planet by buying some of these items. Phone: 6734-1881 Email: letabu60@yahoo.es



VOLCANCITO CHRISTIAN MISSION

Contact: Sid Bolton
Mountain shade grown Arabica coffee, sold by the cup at the Tuesday Market for only 25 cents a cup. Buy a bag for home use or for gifts. Located at the kitchen bar at the Tuesday Market. All proceeds go to the Guayme indigenous people for their medical, dental and sustenance needs. Phone: 6662-3249 Email: sbolton198@hotmail.com



MARIPOSA AZUL

Contact: Elizabeth Worley
Highest quality organic, natural products including artisanal organic coffee, gourmet pate's, chutney & marmalade, herbal creams & tonics made from wild crafted herbs from Jaramillo.
Phone: 6636-8663
Email: veworley@gmail.com



FUNDACION AMIGOS DE ANIMALES

Contact: Carole Newsome & Bonnie Jach
Promoting the spay/neuter program for cats and dogs in Boquete. This program helps in the control of unwanted street dogs and cats. Donations are VERY welcome, to cover cost of medical supplies. Volunteers are always to help with the frequent clinics.
Phone: Carole-6582-9288 / Bonnie-6430-9525
Email: Carole-jc_caldera@yahoo.com



EVENTOS FLOWER SHOP

Contact: Marie Fuentes
Flowers direct from Boquete and Cerro Punta, as well as Ecuador. Get the best variety and quality at the Tuesday Market or at our retail shop across from Ana's Sweets.
Phone: 65232478



NATURAL SOLUTIONS

Contact: Patricia E
Yogurts and fruits....dynamic friendly food certified organic. Good for the environment and for your body. Valley of the Mood Eco demonstration project. Help make Chiriqui chemical free!
Phone: 771-5059
Email: panamapatricia@yahoo.com
Email: nsfmarketplace@gmail.com



DIWA'S ORGANICS

Contact: Diwa Kadiroff
Organic sunflower sprouts, organic sauerkraut, soy free veggie burgers, living foods, barley bread and other divine foods.
Phone: 771-5819
Email: diwamanipr@hotmail.com



CHEF A LA ORDEN

Contact: Juan Linares
Delicious soups, snacks, hors d'oeuvres, prepared foods, catering, home delivery.
Phone: 6400-6850
Email: juans.linaneso@gmail.com



CONNER CRAIG

I offer coffee sales and services and also essential oils (in a carrier oil of Oil of Ben). Coffee plants & roasted coffee. Services include roasting, milling & processing.
Phone: 6878-8957
Email: the-conn-mann@hotmail.com

